

# Continually Learning:

30 Days of Listening and Learning About Racism in America

Week Two Resources – *The Reality of Racism in America*



**READ: Book Club (for the 4 week period):** *So, You Want To Talk About Race* by Ijeoma Oluo. Read chapters 5-8 this week (about 70 pages).

In *So You Want to Talk About Race*, Ijeoma Oluo guides readers of all races through subjects ranging from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.

**READ:** [History of the Race Construct](#) (about 15 min)

Those of us who live in the United States have inherited the legacy of how race and racism have been constructed in this country historically, systematically, and pervasively. Knowing our history is a good way to understand this legacy.

## NOTICE



[The Story of Access](#) (7 m)

*The Story of Access* explores the history of people of color in public places.

Stanley Nelson's short film, "The Story of Access," was seen by 175,000 Starbucks partners in 2018 when the company closed its U.S. stores for anti-bias training.

## REFLECT & JOURNAL

Take a day or two to reflect on what you've been learning and journal if this works for you. Reflect on this beautiful [prayer](#) by Kate Bowler, professor at Duke Divinity School.

## WATCH



*Harriet* Movie (2h 5m)

Based on the thrilling and inspirational life of an iconic American freedom fighter, *HARRIET* tells the extraordinary tale of Harriet Tubman's escape from slavery and transformation into one of America's greatest heroes. Her courage, ingenuity, and tenacity freed hundreds of slaves and changed the course of history.

Available to rent on [Amazon](#) for \$5.99.

## LISTEN



**The 1619 Project**

Four hundred years ago, in August 1619, a ship carrying more than 20 enslaved Africans arrived in the English colony of Virginia. No aspect of the country that would be formed here has been untouched by the 250 years of slavery that followed. "1619," a New York Times audio series hosted by Nikole Hannah-Jones, examines the long shadow of that fateful moment.

Episode 1: [The Fight for a True Democracy](#) (42 m)

Episode 2: [The Economy That Slavery Built](#) (32 m)

Join our [Facebook Group](#) for discussion and feedback.

**NOTICE – WATCH – READ – LISTEN – PRAY – JOURNAL – DISCUSSION**