

# Faith Seeking Understanding:

30 Days of Listening and Learning About Racism in America  
Week One Resources – *The Reality of Racism in America*

**Movie:** [Just Mercy](#) (free across all platforms for the month of June) (2h 17m)  
A powerful and thought-provoking true story, “Just Mercy” follows young lawyer Bryan Stevenson and his history-making battle for racial justice in Alabama. For more information about Bryan Stevenson and his work at the Equal Justice Initiative, please visit [eji.org](http://eji.org).

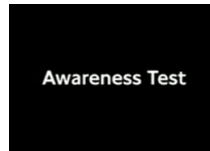


**Book Club (for the 4 week period):** *So, You Want To Talk About Race* by Ijeoma Oluo. Read chapters 1 – 4 this week (about 70 pages).



You can find a copy to purchase on [Amazon](#).

In *So You Want to Talk About Race*, Ijeoma Oluo guides readers of all races through subjects ranging from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.



**Notice:** Start by [Doing the Test](#) (2 min)

How many passes does the team in white make? Test your awareness and Do the Test!

**Watch:** Short Video: [Systemic Racism Explained](#) (5 min)  
Systemic racism affects every area of life in the US. From incarceration rates to predatory loans, and trying to solve these problems requires changes in major parts of our system. Here's a closer look at what systemic racism is, and how we can solve it.



**Read:** [How White People Got Made](#) by Quinn Norton 15-20 minutes

Article is published by The Message, a collective writing group that focuses mostly on technology and its effects on society. This article is from a two-part series on Whiteness.



**Listen:** [The New Activist Podcast](#), Guest: Latasha Morrison (34 min)

Latasha Morrison guides us in an important conversation about being a bridge to racial unity. Her unique style of engaging hard conversations head-on is revolutionizing congregations around the U.S. and creating healthy dialogues about race. Original air date: November 30, 2017.

**Reflect and Journal:** Take a day or two to reflect on what you've been learning and journal if this works for you.

Join our [Facebook Group](#) for discussion and feedback.



**Notice – Watch – Read – Listen – Pray – Journal – Discussion**